



Neutral Bay Public School

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9 February 2022

SWIMMING CARNIVAL 2022

Dear Parents and Carers,

We are delighted this year to be able to hold our annual carnival at Lane Cove Swimming Pool. All students from Years 3 - 6 are expected to attend the carnival to represent their house. All races are 50 metres or longer. **Children must be able to dive off starting blocks and confidently swim 50 metres or more unassisted in deep water to enter any race.** This year we have COVID safety procedures to minimise the mixing of cohorts.

Date: Tuesday 22 February

Venue: Lane Cove Swimming Pool

Cost: \$15.00 - This cost will be included in your child's Annual Statement of Account which will be emailed to you.

Transport: Bus

Departure & return: Years 5&6 students are leaving at 9:00am and returning at approximately 12.30pm. Students who are Juniors in Year 5 are returning at approximately 3.00pm. Years 3&4 students are leaving at 12.00pm and returning at approximately 3.00pm. Pick up is from school only. Pick up is not possible from the pool.

Clothing: Full sports uniform, including polo-shirt in house colour. School shorts/skirt and tracksuit or similar warm clothing if needed. Rash shirts and swimming caps are recommended. **Sunhat, swimming costume, towel, sunscreen and hats are ESSENTIAL.** No coloured zinc please. If it is raining, please assume that the carnival will be going ahead and bring appropriate wet weather gear. Please label all clothing with your child's name and class. Swimming caps are optional.

Food: Please provide a packed lunch and morning-tea, and water bottles. The pool canteen will not be available to students. No cans or glass containers please.

Medications: Please provide details of any medical or administration of medication that will need to be considered for your child on this excursion. Medications must be in their original packaging and handed to the supervising teacher. **Please ensure your child has adequate sun protection.**

Competition events take place in the main pool and will include races in the four strokes (freestyle, backstroke, breaststroke and butterfly) for age groups 8 – 13 years. Competitors compete in the age group based on the age they turn this year. For example, if a child turns 9 at any time in 2022, they are in the 9 year age group.

Age Group	Year born
8 years (Junior)	Born 2014
9 years (Junior)	Born 2013
10 years (Junior)	Born 2012
11 years (Senior)	Born 2011
12 years and over (Senior)	Born 2010 or earlier

Additional COVID measures

Parents: Unfortunately, due to COVID restrictions parents will not be permitted to attend the carnival this year, to help, or be a spectator as they have done in the past. We appreciate your understanding of these expectations and regulations.

Student in cohort groups: Students will be sitting in designated areas for each cohort to sit whilst not competing. Years 3&4 will be travelling and competing at a different time to Years 5&6 (unless a child is a Junior from Year 5).

Change room facilities: We request that students arrive at the pool as ready to compete as possible to limit the use of change room areas.

Canteen: Students are to bring their own food and water bottles to limit movement and mingling around food service areas.

Mask wearing: For buses and indoors mask wearing is strongly recommended. Mask wearing around outdoor areas at swimming carnivals is also strongly encouraged.

Mrs Judy Goodsell
Principal

Mr Rob Kessler
Sport Coordinator

Permission Slip – Swimming Carnival 2022

Please complete and submit to your class teacher by Friday 18 February 2022.

I give permission for my child _____ of class _____ to participate in the school's Swimming Carnival at Lane Cove Swimming Pool on **Tuesday 22 February 2022**. Payment for the carnival will be included in Term 1 fees. No other payment is required. I give permission for my child to travel to and from the venue by bus.

My child turns ____ years old in 2022.

Please tick as appropriate:

I give permission for my child to mix with other cohorts in certain races eg. In Junior races, Year 3, 4 & 5 students may be competing against each other

My child **can** dive off starting blocks and confidently swim 50 metres or more unassisted in deep water.

My child **cannot** confidently swim 50 metres.

My child **will not** be attending the swimming carnival. I understand that my child is expected to come to school and will be supervised at school.

My child has the following medical condition/s you should be aware of: _____

My child requires the following medication: _____

Time for medication to be taken: _____

In the event of an emergency on the day, please contact: _____ on phone number _____

Parent/ Carers Signature: _____

Date: _____