



# Neutral Bay Public School

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[www.neutralbay-p.schools.nsw.edu.au](http://www.neutralbay-p.schools.nsw.edu.au)

10 February 2023

## SWIMMING CARNIVAL 2023

Dear Parents and Carers,

We are delighted this year to be able to stage our annual carnival at Lane Cove Swimming Pool. All students from Years 3 - 6 are expected to attend the carnival to represent their house. The carnival will be held in two stages (see details below). All races are 50 metres or longer. **Children can begin swimming races in the pool. However, to qualify for Zone level, swimmers are required to dive off the starting blocks and confidently swim 50 metres or more unassisted in deep water. There are also swimming times which must be achieved for swimmers to qualify for Zone level** (e.g. 1st or 2nd place does not automatically qualify a swimmer for Zone if swimming times have not been met).

- Date:** Thursday 23 February
- Venue:** Lane Cove Aquatic Centre, Little Street, Lane Cove
- Cost:** **\$15.00** - This cost will be included in your child's Annual Statement of Account which will be emailed to you.
- Transport:** Bus
- Times:**  
**9.00am Years 5&6 leave school**  
**12.30pm Years 5&6 return to school (approximately)**  
**12.00pm Years 3&4 leave school**  
**3.00pm Years 3&4 return to school (approximately)**
- Exceptions:** Children in Years 3&4 who wish to compete in the Individual Medley will leave school at 9.00am. Children who are in Year 5 and 10 years old will remain at the pool at 12.00pm and return at approximately 3.00pm. House Captains and Vice Captains will remain at the pool at 12.00pm and return at approximately 3.00pm.
- Assembly:** **Years 5&6 children please assemble in the COLA at 8.45am.** Please note this is earlier than usual school hours.
- Clothing:** Full sports uniform, including polo-shirt in house colour. School shorts/skirt and tracksuit or similar warm clothing if needed. Rash shirts and swimming caps are recommended. **Sunhat, swimming costume, towel, sunscreen and hats are ESSENTIAL.** No coloured zinc please. If it is raining, the carnival will be going ahead as it is not possible to book the pool for an alternative time. If it is raining, please bring appropriate wet weather gear.
- Food:** Packed lunch and morning-tea, and plenty to drink. The pool canteen will not be available to students. No cans or glass containers please.
- Medications:** Please provide details of any medical or administration of medication that will need to be considered for your child at the carnival. Medications must be in their original packaging and handed to the supervising teacher. **Please ensure your child has adequate sun protection.**

**Events:** Competition events take place in the main pool and will include races in the four strokes (freestyle, backstroke, breaststroke and butterfly) for age groups 8 – 13 years.

**Age Groups:** Competitors compete in the age group based on the age they turn this year. For example, if a child turns 9 years old at any time in 2023, they are in the 9 year age group.

<b>Age Group:</b>	<b>Junior or Senior</b>	<b>Year born</b>
8 years	Junior	Born 2015
9 years	Junior	Born 2014
10 years	Junior	Born 2013
11 years	Senior	Born 2012
12 years and over	Senior	Born 2011 or earlier

Rob Kessler  
Swimming Carnival Convener

Judy Goodsell  
Principal

**Permission Slip – Swimming Carnival 2023**

*Please complete and submit by Friday 17 February 2023.*

I give permission for my child \_\_\_\_\_ of class \_\_\_\_\_ who turns \_\_\_\_ years old in 2023, to participate in the school's Swimming Carnival at Lane Cove Swimming Pool on Thursday 23 February 2023. I give permission for my child to travel to and from the venue by bus.

Please tick as appropriate:

My child can dive off starting blocks and confidently swim 50 metres or more unassisted in deep water.

My child cannot confidently swim 50 metres.

Payment for the carnival is included in Term 1 fees. No other payment is required.

My child has the following medical condition/s you should be aware of: \_\_\_\_\_

\_\_\_\_\_

My child requires the following medication: \_\_\_\_\_

Time for medication to be taken: \_\_\_\_\_

In the event of an emergency on the day, please contact: \_\_\_\_\_ phone: \_\_\_\_\_

Signed: \_\_\_\_\_

Date: \_\_\_\_\_